

The Hope of God....Will Free Us From Insecurity...

Psalm 91

1 He who dwells in the shelter of the Most High
will rest in the shadow of the Almighty.

Women more than men suffer from 'insecurity' and the pain that the emotion inflicts on our mind. There are women today that are completely overwhelmed with insecurity and it affects their entire life...the places people **can** see and the inner most parts that people **cannot** see. This 'insecurity' is something that will keep us up at night when no one else is watching...

How do we 'know' if we suffer from insecurity? Well the quiz that we took is a good indicator of where we stand with insecurity; but truthfully the Bible has a lot to say about being insecure and the way to cure it.

The problem is that we can't BELIEVE the Word of God enough to see past some of the things that blind us and make us feel we are not 'worthy' of the love of God.

John 14:27

Peace I leave with you; my peace I give you. I do not give to you as the world gives. Do not let your hearts be troubled and do not be **afraid**.

Jesus GIVES us peace; it is ours if we 'BELIEVE' in it more than the 'insecurity' of this world. When Satan sees a foothold that he can enter our life with, he USES it until we are almost crippled by it...that is why 'insecurity' is so powerful.

How can we keep ourselves from having this feeling of insecurity invade us?

Hebrews 13:6

So we say with confidence, "The Lord is my helper; I will not be **afraid**. What can man do to me?"

When we begin to really believe that God is our 'helper' and we have no need to be insecure about anything else....or anyone else....

It will take some work but there are things that we can do to become so secure in Christ that the thought of being insecure is a distant memory! **Wouldn't you love to feel that way!** If Christ tells us that we can be 'free' in John 8:32, then we CAN....it takes a little Faith and a lot of love and dependence on Jesus Christ!

Today is a good day to start healing from insecurity and beginning to believe that God can....

Philippians 4:13 (New International Version)

13 I can do everything through him who gives me strength.

- 1 God ALONE gives us 'strength' to do what? EVERYTHING!!! We need to start believing it in our heart and in our mind! Begin TODAY to memorize this verse and put it in your mind. I CAN do everything through him who gives me strength...I can. (record this verse on an index card and begin to learn it...put the card in the place you are the most)

Isaiah 30:15b

This is what the Sovereign LORD, the Holy One of Israel, says: "In **repentance** and rest is your

salvation, in quietness and trust is your strength

- 2 Our responsibility to the Lord is to 'CHANGE'...repent of what we have not given to the Lord and in its place start BELIEVING that we CAN change and find 'strength' instead of weakness and insecurity! Begin TODAY to replace behavior that is negative with positive information and input from the Word of God also known as the 'Instruction Manual', find some friends you can begin discussing the Bible with on a daily basis...what happens is that your mind begins to focus more on **these** thoughts than on the thoughts that make us insecure...before you know it you are replacing the negative with the positive of God!

Philippians 4:8-9 (New International Version)

¶Finally, brothers, whatever is true, whatever is noble, whatever is right, whatever is pure, whatever is lovely, whatever is admirable—if anything is excellent or praiseworthy—think about such things. ¶Whatever you have learned or received or heard from me, or seen in me—put it into practice. And the God of peace will be with you.

- 3 THINK about such things...Do we see the connection between our mind and the peace of God. Our mind is the battleground for Satan and **when we are fixing all our thoughts on the Lord, then Satan has no battleground!** That is the key to dealing with the issue of 'insecurity'...when we are focused on the tools that God gives to us to fight the battle, then there is no room for the world or Satan to win a battle! Praise God for that knowledge! Be encouraged tonight that we CAN overcome insecurity in God and His promises that never cease!whatever is true, whatever is noble, whatever is right, whatever is pure, whatever is lovely, whatever is admirable!!! Think on these things...put it into practice....

What is the hold back point?we have discussed this many times before...the ONLY hold back from us is ourselves! This means that we NEED to surrender to the Lord! Of course, this is the hardest thing that human beings can do...**give** ourselves to the Lord and look to Him for a filling in our soul that nothing else can provide...

You know how you want more of God? You begin to seek a way to be filled more often by the Spirit of God...you begin to see verses and they MAKE SENSE! You begin to actually SEE God working in your life...The Bible says in **Jeremiah 31:3b... "I have loved you with an everlasting love; I have drawn you with loving-kindness...**God begins to 'draw' us to Himself with a loving kindness that **no other** on this earth can give you....that is when you know you are seeking Him more than the insecurity of this world and the insecurity that dwells deep within us. God has a way of digging us out of those places...

Sometimes the 'digging' can be painful as we begin to emerge a new person and see what we are and have to deal with it. It can be dirty and it can be hard to deal with who we are inside; but I KNOW that what God is 'digging' out is worth more than anything we can hide in ourselves...

We are learning who we really are on this journey with God and His Word...little by little we are making sense in 2009 how to live through all these 'burning issues' of life and we will come out on the other side a better person and so much closer to the God of the Universe!

Here is a verse to leave with tonight...(another one to put on an index card and really pay attention to!)

Philippians 4:7 (New International Version)

¶And the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus.

Who knew???? We are guarded in Christ Jesus in our hearts and in our minds!!!! God knew all the time...He

is just waiting for us to want Him more than the 'insecurity' of this life!

Freeing ourselves from the 'chains of this life' sometimes takes a lifetime. I do not make light of the bondage that we are ALL in. I just know that if we are willing to talk about some of the things that hold us down and find out we are all made to love the Lord and if we can make this life journey together and find strength and love in the Lord and with each other, God gets the glory and we find peace and joy.

Is insecurity a 'burning issue'??? Oh yes! But our Father in Heaven has a better way! Let's be DETERMINED to take what is ours in the Lord! Spend some time this week learning these verses that we have read tonight and applying their truth to our hearts and our minds and relieve ourselves of some insecurity!